

# Volunteer Application



**CAPTAIN Youth and Family Services**  
5 Municipal Plaza, Suite 3  
Clifton Park, NY 12065

Robin Kennedy, Volunteer Coordinator  
rkennedy@captainyfs.org  
Phone: (518) 371-1185  
Fax: (518) 383-7997  
www.captainyfs.org

## Contact Information

Name \_\_\_\_\_ Email \_\_\_\_\_

Home Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

How did you find out about volunteer opportunities with CAPTAIN?

\_\_\_\_\_

Please tell us a little bit about yourself and why you would like to volunteer.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have any areas of special interest and/or abilities? (i.e. mechanical ability, gardening, college degrees, etc.) \_\_\_\_\_

\_\_\_\_\_

Please describe any of your previous volunteer experiences. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have any physical limitations that we should be aware of? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Do you have a valid NYS Drivers License? Yes \_\_\_\_\_ No \_\_\_\_\_

=====  
The goal of The Volunteer Program at CAPTAIN is to recruit volunteers who are interested in giving back to their community in meaningful ways. We strive to provide a variety of volunteer options to match the interests of individuals. On the reverse of this application there is a listing of volunteer opportunities. Be sure to indicate your availability. Training will be provided, so please do not discount any options that you would like to learn more about.  
=====

When are you generally available to volunteer?

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							

Volunteer Opportunities—please mark those that are of interest to you.

General Activities

- CAPTAIN’s Treasures Next-to-New Clothing Shop—assist customers, sort donations, etc.
- Clerical office support—prepare mailings, file, answer phones, organize food pantry
- Van Driver for food pantry (Friday Mornings)

CAPTAIN Outreach Center

- Homework Help Volunteer –work with elementary school students (afternoons)
- Homework Help Volunteer—work with middle and high school students (afternoons and evenings)
- Yard work volunteer

CAPTAIN Youth Home

- Overnight/sleepover watch
- Provide assistance preparing meals (evenings)
- Mentor teens
- Tutor students
- Assist with yard work

Family Development

- Family Development Volunteer—help families become financially self-sufficient
- Family assistance Volunteer—help with CAPTAIN’s assistance programs

Teen Activities

- After Prom Chaperones (evenings in the spring)
- Teen Talk Supervisors (evenings)

Seasonal and Giving Programs

- Back to School Programs—organize donations
- Holiday Assistance Programs—organize donations
- Tax Assistance Program—complete training to prepare and file taxes for low-income families

=====

Thank you for your interest in volunteering with CAPTAIN Youth and Family Services. Please mail or fax this form to the address or number listed on your application.